

VOYC Your Story

And help support positive Self Esteem in your Community

***Everyone deals with challenges of low self esteem and acceptance.
It is a critical social issue that impacts everyone - everywhere.***

Low self esteem can lead to negative behavior in response to others actions; bullying, substance abuse, eating disorders, mental health issues and isolation. The participants of **VOYC** and volunteer mentors have created an opportunity for you to **VOYC YOUR STORY** to make a difference in your life and of others in your community.

We are inviting you to participate in the **VOYC Community Impact Project:**
“RAISING YOUR SELF ESTEEM AND COMMUNITY CAMP RETREAT”
You will have an opportunity to participate in 2 days of fun, interesting and positive activities and workshops that will relate to issues of self esteem.

Contest Rules

No purchase necessary. No entry fee.

This is an all expense paid overnight (2 day/one night) retreat.

The number of participants to attend the 2 day/overnight retreat is limited to 16 youth between the ages of 14-18 who live in Windsor or Essex County.

To be considered for the retreat we are asking you to **VOYC YOUR STORY**.

Your story can include any or all of the following:

- A) How is self esteem impacting your life today?
- B) Has societies expectations of what you should be or look like affected you? How?
- C) What makes you unique?
- D) Why do you want to be part of 'Raising Your Self Esteem Community Camp Retreat'?

Be creative! You are welcome to VOYC YOUR STORY 1 OF 3 ways:

- ✓ Story/spoken word or creative writing (example: poem, verse)
Maximum 750 words
- ✓ Video – YouTube link, Facebook link, email, CD or DVD. This video can be music, song, dance or you telling your story in your own words. Video must not exceed 10 minutes in total length
- ✓ Photos/paintings/drawings/sculpture. Must be your original work. No forgery or copy of art work that belongs to another person. Submit your entry online - link to YouTube or Facebook, email or submit on DVD. Proof of original artwork will be required for review if deemed necessary by selection committee. Include a title for the piece and a brief (Maximum 200 word) description of how it relates to Self Esteem.

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All entries must be free from offensive words, expressions, gestures, sexual references or nudity. Please do not include personal name references to other people who may be part of your story. Please keep them anonymous.

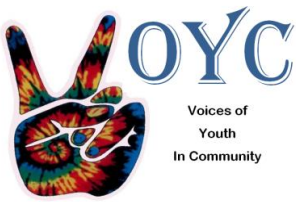
- ✓ A selection committee of 5 individuals will review all eligible entries based on adhering to the requirements of contest rules and eligibility.
- ✓ All entries will remain anonymous until after final decision of participants has been announced by the selection committee.
- ✓ Odds of being selected to attend the 2 day camp retreat will be determined by the number of entries received and compliance to the contest rules, regulations and eligibility of entries.
- ✓ Participants selected to attend the overnight 2 day camp retreat will be notified no later than April 12, 2013.

Final deadline for all entries is Tuesday, April 2, 2013 at 5 p.m.

Eligibility

- ✓ This retreat is open to all youth ages 14-18 years (Inclusive as of April 1, 2013)
- ✓ You are a resident of Windsor/Essex County.
(Selected participants will be required to provide proof of age and residency).
- ✓ Employees and family members of Youth & Family Resource Network of Essex County are not eligible to participate.
- ✓ Only one entry per person (select a format of your choice). Multiple entries may result in disqualification. All entries become the property of Youth & Family Resource Network of Essex County and may be used in social media, future program development, videos, presentations in schools and community events.
- ✓ You must complete and submit the Official Registration package with your entry to have your story viewed by the selection committee. This includes: Official Entry Form, Code of Conduct, transportation, media release and signed permission/agreement forms. (Please return Pages 3, 4 & 7 with entry).
- ✓ You must be able to participate in the 2 day/overnight retreat beginning 9am on Saturday, May 24 2013 up to and including 4pm Sunday, May 25, 2013. You must provide transportation to and from designated pick up/drop off locations (Essex Arena, Kingsville Arena, Leamington Recreation Complex)

Mail Your Entry to: Wanda Rodrigues VOYC Program Coordinator
Youth & Family Resource Network
23 Mill Street West, Kingsville N9Y 1W1
Email: wrodrigues@resourcenetwork.ca



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Official Entry Package: Please print clearly

Send to: Youth & Family Resource Network of Essex County
23 Mill Street West, Kingsville N9Y 1W1 Attention: **Wanda Rodrigues**
email:wrodrigues@resourcenetwork.ca

First Name _____ Middle Initial _____ Last _____

Address: _____
(House number and street) (Apt or P.O. Box)

_____ Postal Code _____
(City or Town)

_____ (Home phone number) _____ (Cell phone number) _____ (Work or other phone number)

Email Address (PLEASE PRINT CLEARLY)

_____ Birthday Month _____ Day _____ Year _____ Age as of April 1, 2013

OHIP # _____ version code _____

Know allergies or sensitivities:

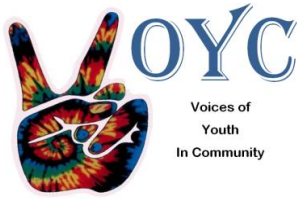
Medications:

Name of Doctor _____

Office Address _____

Phone Number _____

Additional Personal Health related History: Please provide us with any additional health and personal information that you feel is important to your experience at the 2 day camp retreat.



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All participants selected to attend the retreat will be notified no later than Friday, April 12, 2013. If you are selected to attend, please tell us how you wish to be notified and the best time to reach you.

Phone number (1st) _____ (2nd) _____

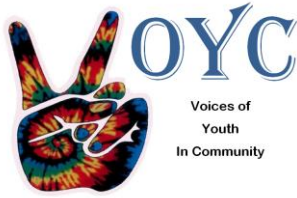
___ Morning (Between 9am-12 noon) ___ Afternoon (Between 12 noon- 5pm) ___ Evening (Between 5pm-9pm)

Email: _____

We want to know what activities and workshops you would like to participate and have available at the 2 day camp retreat. Please share your ideas. If there are some things you do not like to do, feel free to include them.

What would be some items you would like to see on the food menu or would like to help (or learn to prepare)? Try to think of foods that are easy, tasty and nutritious.





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Code of Conduct

1. Zero Tolerance policy is in place. This is a substance free and electronic free retreat. Absolutely no alcohol, narcotics or related items, no tobacco products and no smoking allowed. No cell phones, cameras, video or audio recording devices, computers etc. No weapons or items that could be deemed as weapons allowed. The retreat camp coordinators will have cell phones available in case of emergency and will have the only available camera and recording equipment. This is a bully free environment. Absolutely no verbal, physical or emotional bullying. Failure to comply with the above rules will result in your dismissal from the retreat and park. Proper authorities will be notified if necessary.
2. Dress code: Please come dressed and appropriate for the weather and environment. No revealing or sexually suggestive clothing or t-shirts with offensive language, comments.
3. The use of camera and or video equipment will be coordinated by the staff of Youth & Family Resource Network and VOYC camp coordinators. Photos and videos will be used for the purpose of recording and documenting camp activities. These images are the property of Youth & Family Resource of Essex County and The United Way Windsor/Essex and may be used on social media, print and public events.
4. VOYC Camp Coordinators will have a variety of activities and workshops planned for the 2 day retreat to ensure that you have fun and the opportunity to engage in new positive experiences. Everyone is welcome to participate in events that they feel most comfortable. At no time are you allowed to leave the camp site unless it is part of the program activity. You will have the opportunity for personal/private time as well in areas designated by the camp coordinators. At no time are you allowed to change or modify sleeping arrangements.
5. Everyone will participate in the Community Kitchen. This includes preparing of meals at the retreat and cleanup.

These rules and guidelines are in place to ensure the safety of everyone at the retreat and provide you with the opportunity to meet new people, make friends, be part of a “community” of youth and adults working together to develop skills and creative solutions for RAISING YOUR SELF ESTEEM. MOST OF ALL...HAVE FUN!





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Participant Media Release and Transportation Information

All entries in the “Raising Your Self Esteem Community Camp Retreat” will be considered for use/reproduction by Voices of Youth in Community, Youth & Family Resource Network of Essex County, GenNext and United Way including social media, program information, community presentations.

You will be engaged in a variety of activities during the 2 day retreat. Individual and group participation will be visually documented by assigned VOYC volunteers and or staff of YFRN. Photos and videos of the program participants, mentors and volunteers will be used in future marketing and promotional materials including social media, community events, media releases and program information as they relate to VOYC.

Participants will be transported by staff, volunteer driver or Transportation Company as determined by the Youth & Family Resource Network of Essex County to and from Point Pelee National Park, Camp Henry in Leamington, Ontario.

It is your responsibility to provide personal transportation to one of the following designated pick up/drop off locations on May 25th and May 26th.

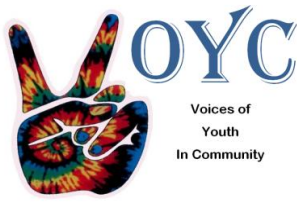
Times to be determined.

Essex Recreation Complex- 242 Talbot Street North

Kingsville Arena- 1741 Jasperson Lane

Leamington Recreation Complex-249 Sherk Street





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Youth participant and parent/guardian or trustee is required to read and sign the following permission and releases:

I hereby grant permission for

_____ (Name of youth)

To enter the Raising Your Self Esteem Community Camp Retreat Contest and attend the 2 day camp retreat at Camp Henry in Point Pelee National Park on Saturday May 25, 2013 & Sunday, May 26, 2013.

I/we will provide personal transportation to and from designated pick up/drop off location and at the specified time. (TBD)

I understand participating in this retreat may include being photographed and video taped by the Youth and Family Resource Network of Essex County for the purpose of promotion for the Voices of Youth in Community Program. I understand that the photograph/video will be the property of the Youth and Family Resource Network and may be used for flyers, brochures, posters, on their website. Facebook, social media and any other promotional item that the Youth and Family Resource deems appropriate.

I/We relieve the Youth & Family Resource Network of Essex County, its directors, staff and volunteers from all responsibility in case of personal injury and /or property damage resulting from behaviour of the above youth that is contrary to established rules and/or procedures of the Youth & Family Resource Network of Essex County. I will also be responsible for any personal injury and/or property damage caused by the misconduct or negligence of the participating youth named above.

I/We have read and understand the contest rules and eligibility. I/We understand that if selected to attend the 2 day camp retreat that I/we will be responsible for putting into practice the code of conduct and following the rules as set out over the 2 day retreat. Failure to do so will result in immediate removal from Camp Henry and the retreat and I/we will be held responsible for personal transportation from Point Pelee National Park. I/we are responsible for any damages incurred as a result of personal actions. By signing this form, I/we agree that we understand and will adhere to the rules, eligibility, and code of conduct. The staff, volunteers of Youth & Family Resource Network, Voices of Youth in Community will not be held legally or personally responsible for my personal belongings and injuries that are incurred as a result of personal action/behavior.

 (Name of parent, guardian, trustee) Please Print Signature Date

 Name of youth. Please Print Signature Date



